

LOS BANOS PICKLEBALL CLUB



BEGINNER'S WELCOME

WHAT IS PICKLEBALL?

Pickleball is a paddle sport that combines elements of tennis, badminton, and ping-pong using a paddle and a plastic ball. It is a game that is appropriate for players of all ages and skill levels. Rules for pickleball are simple, making it a great introductory sport. It can also be quite the challenging, fast-paced, and competitive game when people become more experience at playing. Playing pickleball allows you to work on your balance, agility, reflexes, and hand-eye coordination without putting excessive strains on your body. If you are looking for a fun, social game, and some great exercise for your mind and body, pickleball can't be beat!

LOS BANOS PICKLEBALL CLUB WELCOMES ALL PLAYERS. PLACES WE PLAY:

Los Banos Community Center - 645 7th St

Open Gym - Play is free Mondays, Tuesdays, Wednesdays, Fridays and some Thursdays

9:30-12:00p - Competitive Play

12:00-1:30p - Beginning Play

Nets, paddles and balls are available during scheduled play.

Los Banos Racquet Club - 1520 Racquet Club Dr.

Play for walk-ins is \$5. Memberships are also available.

Los Banos Pickleball Club plays at the Racquet Club on Tuesday and Thursday evenings, and Saturday mornings. The times vary, depending on the weather. Call ahead for specific times.

Pickleball is always available for play during Racquet Club hours. Nets, paddles and balls are provided.

LOS BANOS PICKLEBALL CLUB BOARD

Jim Coelho, President

Cell: 209.761.9749

Email: JCBoxcar11@Gmail.Com

Susan Roberts, Secretary

Cell: 209.675.2947

Email: RobertsM03@Gmail.Com

Steve Sequeira, Treasurer

Cell: 209.484.6095

Email: Sequeis1@Gmail.Com

USA Pickleball Association

Ambassador, Los Banos Ca

Laurie Balatti

Home: 209.826.1933

Cell: 209.829.9788

Email: TomJB@SBCGlobal.Net

