

LOS BANOS COMMUNITY CENTER FITNESS ROOM

Perfect for:

- EXERCISE
- BALLET
- KARATE
- DANCE
- YOGA



Contracted Classes Include:

Senior Tai Chi
Mon & Wed at 9:15 am
Cost: \$5 per month

Fitness & Nutrition:
Wednesdays 11:30am
\$40/4 classes or \$12 drop-in

Strong Girl Training
Wednesdays 4pm
\$40/4 classes or \$12 drop-in

AVAILABLE FOR CONTRACTED CLASSES THROUGH THE
PARKS & REC DIVISION. INQUIRE AT:

645 7TH STREET
LOS BANOS, CA
209-827-7034 X 10 OR 11